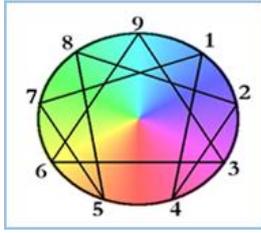


## The Nine Enneagram Types – A Brief Summary



These nine different worldviews or types are represented on the Enneagram diagram. The word Enneagram is from the Greek, meaning 9-pointed diagram. The symbol has been known since ancient times and the Enneagram of personality was developed in the mid-20th Century.

**Type 1** The Perfectionist believes you must be good and right to be worthy. Consequently, Perfectionists are conscientious, responsible, improvement-oriented and self-controlled, but also can be critical, resentful and self-judging.

**Type 2** The Giver believes you must give fully to others to be loved. Consequently, Givers are caring, helpful, supportive and relationship-oriented, but also can be prideful, overly intrusive and demanding.

**Type 3** The Performer believes you must accomplish and succeed to be loved. Consequently, Performers are industrious, fast-paced, goal-focused and efficiency-oriented, but also can be inattentive to feelings, impatient and image-driven.

**Type 4** The Romantic believes you must obtain the longed for ideal relationship or situation to be loved. Consequently, Romantics are idealistic, deeply feeling, empathetic and authentic to self, but also dramatic, moody and sometimes self-absorbed.

**Type 5** The Observer believes you must protect yourself from a world that demands too much and gives too little to assure life. Consequently, Observers seek self-sufficiency and are non-demanding, analytic/thoughtful and unobtrusive, but also can be withholding, detached and overly private.

**Type 6** The Questioner/Loyal Sceptic believes you must gain protection and security in a hazardous world you just can't trust. Consequently, Loyal Sceptics are themselves trustworthy, inquisitive, good friends and questioning, but also can be overly doubtful, accusatory and fearful.

**Type 7** The Epicure/Adventurer believes you must keep life up and open to assure a good life. Consequently, Epicures seek pleasure and possibilities, and are optimistic, upbeat and adventurous, but also can avoid pain and be uncommitted and self-serving.

**Type 8** The Protector believes you must be strong and powerful to assure protection and regard in a tough world. Consequently, Protectors seek justice and are direct, strong and action-oriented, but also overly impactful, excessive and sometimes impulsive.

**Type 9** The Mediator believes that to be loved and valued you must blend in and go along to get along. Consequently, Mediators seek harmony and are self-forgetting, comfortable and steady, but also avoid conflicts and can be stubborn.